

# Advance Care Planning Education Sessions

Spring/Summer

2013

**Advance Care Planning** is about having conversations with your close family, friends and health care provider(s) so that they know the health care treatment you would agree to, or refuse, if you become incapable of expressing your own decisions.



## Learn about:

- How to do your own Advance Care Plan and what is involved?
- What does the legislation say about advance care planning?
- What does giving consent to Health care mean?
- What are Representation Agreements, Advance Directives, and Temporary Decision Makers?

## Presented by:

An Advance Care Planning Nurse

## 2-hour Information Sessions: Registration is REQUIRED for all sessions

**Juan de Fuca  
Recreation Center  
1767 Old Island Hwy, Victoria  
Tel: 250.478.8384**

- Wed April 1 at 10-12am
- Mon May 13 at 2-4pm
- Mon June 17 at 7-9pm
- Fri July 19 at 2-4pm

**Greenglade  
Recreation Center  
2151 Lannon Way, Sidney  
Tel: 250.656.7271**

- Mon April 22 at 1-3pm
- Wed May 22 at 1-3pm
- Fri June 21 at 10-12am
- Mon July 15 at 7-9pm
- Fri Aug 9 at 10-12am

**Hillside Seniors  
Health Centre  
1454 Hillside Ave, Victoria  
Tel: 250.370.5641, press '2'**

- Mon April 8 at 10-12am
- Fri, May 10 at 10-12
- Mon June 10 at 2-4pm
- Wed July 10 at 2-4pm
- Fri Aug 9 at 2-4pm

## Question and Answer period regarding Advanced Care Planning:

**NOTE:** In order to register you must have attended a 2 hr Information Session at one of the above locations

**Hillside Seniors Health Centre  
1454 Hillside Ave, Victoria  
Tel: 250.370.5641, press '2'**

- Wed April 24 at 2-3:30pm
- Fri May 24 at 2-3:30pm
- Wed June 26 2-3:30pm
- Wed July 24 2-3:30pm
- Fri Aug 16 at 10-11:30



*By discussing your wishes with your loved ones and Health Care Providers while you are capable they will be better able to act on your behalf*